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Contact: Alane Fagin or Donna Cattano  
516-621-0552 or 631-289-3240

## **Child Abuse Prevention Services (CAPS) is Making Its New *Safety Rules! Activities Booklet* Available at No Cost to Parents and Grandparents of Young Children**

***"SafetyRules! Staying Safe When You're In, Out and All About: A Parent-Child Learning Activities Booklet" helps parents talk to their children (grade 1-3) about abuse and staying safe***

ROSLYN, NY: Child Abuse Prevention Services (CAPS), Long Island's leading resource on the prevention of child abuse and neglect, is making its new parent-child learning activities booklet, *SafetyRules! Staying Safe When You're In, Out and All About*, available at no cost to parents and grandparents of young school-age children (grades 1-3). CAPS developed the 12-page booklet specifically for parents of younger children to help them talk to their kids about abuse and how to stay safe.

"We know that children can be empowered to contribute to their own safety. Early exposure to prevention information and practical strategies can give younger children the competence to prevent abuse and confidence to ask for help," said Alane Fagin, MS, Executive Director. "Ultimately, it is up to the adults in their lives to keep them safe, and toward that end, CAPS offers workshops and tools to educators, parents and other significant adults in children's lives."

In the booklet, children meet Fargo the Fox and Bella the Bunny who help them figure out safe and unsafe situations. They learn things like what to do if someone makes them feel uncomfortable and what their personal safety rules are. Kids come to understand that every family is special and different, yet there is one way families all over the world are the same--their family home is where one should feel loved and safe from harm. Tips for parents appear on every page, and a Spanish version of the booklet is in progress.

*SafetyRules! Staying Safe When You're In, Out and All About* is made possible through underwriting by the NYS Children & Family Trust Fund. If you would like a copy to share with your child, you can make your request through our website, [www.capsli.org](http://www.capsli.org).

Founded in 1982, the Roslyn-based Child Abuse Prevention Services is Long Island's comprehensive resource center for the prevention of child abuse, bullying and Web-based threats. It is a non-profit organization underwritten by private donations, grants and legislative appropriations. Information about school, parent and professional development programs, and volunteer opportunities is available on our website.

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